

Foreword



When I started researching femdom to inform my erotic romance books, I was bombarded by mostly toxic representations online. All I saw was abusive tendencies and male-gaze fantasies portrayed as absolute reality. Just scantily clothed women with whips telling men to “do as I say” with no regard for anyone’s safety or mental health.

(Not that there is anything wrong with a scantily clothed woman hurling a whip around. As long as there is consent involved and all parties’ needs are considered. But my concern was the lack of representation around safe and responsible kink, especially in femdom media.)

As my community on social media grew, so did the number of people who people reached out to me to discuss their desires and dynamics. Sure, a lot of these interactions were simply unsolicited pictures and rude messages, but some were genuine messages from loving, kind, and supportive people who believed in safe spaces and healthy kink relationships.

My interactions with the Dommies were far more encouraging than those with the cis heterosexual men who could not get beyond the social construct of gender roles (*not all of them, of course*). The Dommies were so gentle, so wise. They were just everyday people you would meet at the office, or in the supermarket, maybe at a friend’s dinner party...Just everyday people who were tired of being represented as abusive or mentally ill simply for enjoying kinky play.

An idea started brewing. I wanted to show the different side of femdom dynamics. I wanted to tell the love stories of those who have found supportive partners who care for each other. (*Sure, they might enjoy beating the sh*t out of each other sometimes but they truly cared for each other and their partner’s well-being.*) How did they meet, how does it work; what matters to them? What does it *really* take to be in a gentle femdom dynamic?

On the other hand, I also wanted to educate those who seemed lost. Those who saw an image or read a story—maybe watched a porno—and saw something that spoke to their desires. But then only found confusing representation down the line, if any. How could they find what they’re looking for? What should they do (or not do) to increase their chances of finding a suitable partner?

I decided to put my journalism skills to good use and speak to *real* kinky people to find

out what their lives are like. After nearly 20 years of working as a professional trade journalist and magazine editor, it was time to shift focus to a topic I was even more curious about. Interviewing and telling stories have always been my strong point. It was time to delve into BDSM journalism.

It was December 2022 when I finally built up the courage to reach out to Miss Kitty on Instagram. She had been replying to a lot of my posts with great educational points and seemed to be quite open to discussing (and educating).

I expected to be shot down but Miss Kitty saw the value of what I was trying to do. As usual, I over-explained myself, my vision, carefully laying out the questions for pre-approval and ensuring her that we could absolutely skip anything she was not comfortable discussing. We arranged to meet via a Zoom audio-only call.

We chatted away longer than I initially planned. Miss Kitty was so open and so sweet, I really learned a lot from her—especially about responsible kink.

The response to the article was incredible. From Day 1, across all platforms, the hunger for real information was clear.

After every interview, I was convinced it would be the last, that nobody would ever be willing to chat with a complete stranger about their most private sex life to share it with the world. But every time I was pleasantly surprised.

Never more so than my interview with Venus, the second one in the series. What an inspiration! She really made it all fall into place for me and made me realize what content I wanted to create and for which audience. She was just someone I could imagine myself being friends with in real life (*maybe if we lived closer*).

I left every interview so charged up and excited. Slowly, the series grew as more women spoke up about taking charge of their own pleasure and finding joy in gentle femdom. They showed me, in so many different ways, how kink relationships can be beautiful. Women from all over the world, finding their inner Domme and learning to love themselves. Dommies from the U.S., Australia, the U.K., and even as far as Thailand—proving that you do not have to be mean to be dominant.

Madam Mayhem gave me a glimpse into the world of Pro-Dommies too and really impressed me with her kind and caring approach. She showed me that age truly is just a number and it's never too late to discover yourself and upgrade your pleasure.

Goddess Pinky was just a bundle of energy. She shared her amazing journey of being a submissive herself and learning to be a Domme. We spoke for way too long. It ended up being a 32-page interview transcript. What a joy!

Miss Liya was my insight into a younger generation and how sometimes dominance can be completely natural. It does not have to be stuck in boxes with labels. She made

it all seem so beautifully effortless.

Goddess Beatriz made me rethink my idea of what a Domme is and showed me that everyone is truly unique, a real person with real likes and wants, not just a kink dispenser for male fantasies.

The final interview was with the lovely couple, Queen Nazz and Ari. It was so sweet interviewing them together, despite our 12-hour time-zone difference. Their relationship was so fun and lighthearted; I could really feel their amazing energy.

Every single one of these interviews has been read and approved by the people interviewed. I will always be incredibly grateful to them for trusting me with their stories and allowing me to publish this resource. Representation matters.

I hope you learn as much from these incredible people as I did. May some of your questions find answers and if not, may you learn how to ask in a respectful way.

In summary, stay kinky, stay kind.

Consent first—always.

M Kay Noir